

Dear \_\_\_\_\_

Physical therapy is under attack. If the physical therapy care you have received is important to you, we urge you to let your representatives know.

### What can you do?

In October of 2011, Medicare cut the amount of physical therapy it would cover in certain settings. To preserve access to physical therapy, we urge you to educate your government representatives, to share your story and the facts about the effectiveness of rehabilitation therapy. I have included a sample letter you should feel free to adapt or use as is, but personal, hand-written letters are the most effective. Hearing from constituents can make a difference. You are more powerful than you might imagine. Call, email or write to one of more of the following:

- **The President** - <http://www.whitehouse.gov/contact>
- **Medicare**  
<http://www.medicare.gov/EmailThisPage/EmailForm.asp?siteTool=Contacts&url=%2fContacts%2fdefault.aspx?AspxAutoDetectCookieSupport%3d1>
- **Congressional representative** - <https://writerep.house.gov/writerep/welcome.shtml>
- **Senator** - [http://www.senate.gov/general/contact\\_information/senators\\_cfm.cfm](http://www.senate.gov/general/contact_information/senators_cfm.cfm)

Research studies and your own personal experience demonstrate the effectiveness of physical therapy to your health and well-being. Physical therapists want to be sure we can continue to practice in a way that is in the best interest of our patients, but we need your help to do that. By telling your story to your representatives, you will be acting as a force that supports cost effective, evidence-based regulations that enhance patient care.

Thank you.

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Physical Therapist's name