Putting the ‘FUN’ in Functional! – Demonstrations of Evidence Based Therapy

Danielle Keyser, MS, LOTR, GTC with
Carole Lewis, PT, DPT, GCS, GTC, CCOEE, MPA, MSG, PhD, FAPTA

5 Contact Hours – 3 hours of which consist of clinical demonstrations

Watch an award-winning therapist demonstrate evidence-based practice, standardized tests, clinical reasoning, goal setting & documentation. Three hours of this course are devoted to clinical demonstrations.

We begin with a review of some of the most important publications regarding function and older persons. Then we follow Danielle Keyser as she evaluates and treats 3 patients (4 if you watch the bonus section) with a variety of diagnoses from deconditioning to vestibular deficits. Danielle Keyser and Dr. Carole Lewis explore the key lessons demonstrated in the cases and also discuss the different roles OT and PT play in patient rehabilitation. The final session on rehab equipment is not to be missed. The suggestions for inexpensive and incredibly useful tools for adapting function are ingenious!

Danielle Keyser’s electric personality and deep passion rivet the participant to the screen. She brings rehabilitation therapy to its much-deserved level of competence.

Learning Objectives
Upon completion, participants will be able to:

1. Apply evidence based principles to evaluations and treatment of older patients with functional deficits
2. Assess psychosocial, physical and endurance deficits of patients after viewing the application of evidence based principles that are applied in the case studies
3. Describe how disciplines can work together to maximize service delivery, without duplicating services and jeopardizing reimbursement.

4. Compare and contrast a variety of standardized tools that will assist in identification of deficit areas, goal setting, and treatment ideas.
5. Apply the principle of “therapeutic use of self” in order to motivate geriatric patients.
6. Utilize tips for providing therapy on a budget; use creative thinking to provide cost effective equipment for therapists and patients.

Course Outline – 5 hrs + Bonus
Start and stop at your leisure for up to one year.

Intro, What’s in Your Trunk, Pretest 10 min
Literature Review 49 min
Patient Demonstration 1 Gladys 59 min
Patient Demonstration 2 Harriet 46 min
Patient Demonstration 3 Hubert 72 min
Role of OT and PT in Geriatric Rehab 46 min
Assessing Tools of the Trade & post-test 18 min

Participant Feedback

Very engaging and good source of treatment ideas.

Love the format of observing the therapist at work and following her clinical reasoning.

Highly recommend!